

Are you a Berean?

by Cheryl Mattil

Do you search God's Word every day? (Acts 17:11) Do you praise God "day after day"? (Psalm 96:2) Do you recognize that God is waiting to listen to your prayers? (Psalm 5:3) Do you focus on God all through the day? (Deuteronomy 6:4-9) Do you meditate on God "day and night"? (Psalm 1:2)

Tough questions, I know! I get busy and forget at times, too. I have found that triggers help me remember to focus on God. Use everyday objects like numbers. For instance, my family prays for each other whenever we see the numbers 1-2-3-4 in order. (Triggers can be an address, a time, a phone number, etc.) Web sites such as **godsword4u** allow you to use a picture along with a Scripture verse as a background on your computer display. How about a VW bug or better yet a picture of a BEE? Then you could be a real BErean!

Spotlight on Jennifer



Jennifer Griffith's life took a twist upon returning from the LWML national convention in Sioux Falls. After talking with representatives at the Concordia Seminary-St. Louis exhibit booth, she felt God's call to become a deaconess. Jennifer, a YWR from **Oklahoma**, changed her college major from Education to Liberal Arts and enrolled in the deaconess program. She credits her LWML mentor, Bev England, for encouraging her along the way.

Check out the LWML Web site (**lwml.org**) for the latest edition of *Impressions* — the online newsletter just for young women!

We want to hear from you! Please submit any news or information and original or electronic photos to: LWQ – Young Women, P. O. Box 411993, St. Louis, MO 63141-1993, **readersrespond@lwml.org**

Dear God,

I recently read a devotion that said I should try saying "makeup prayers" — praying each morning as I put on makeup. Well, You know what a busy mom I am! Most mornings I barely have time for a swipe of lipstick, let alone a full beauty routine that includes makeup!

Even so, 1 Thessalonians 5:17 (KJV) says: *Pray without ceasing.* My life is more than full, but I can find ways to thank You throughout each day. In the morning, I can praise You for my hands to make a pot of coffee and my lips to kiss each of my children and my husband as they head out the door. At noon, I can thank You for my eyes that can see the sun peeking out of the clouds and for my legs that have carried me on numerous errands during the day.

At supper time, I can thank You for my ears that hear all of the tales of my family's day. In the evening, I can honor You with my voice as I read a devotion to my children. And finally, at night when I fall into bed, I can humbly whisper a thank You for the care and love You have shown me throughout the day.

Thank You for showing me that prayer is my daily and day-long conversation with You, Lord!

Your faithful daughter

You've Got Mail ... and More!

Most of us are online searching, shopping, e-mailing every day, but how often do we do a *God search*? If you start your day by checking your e-mail, make it a point to look up the LWML Web site (**lwml.org**). Read President Jan's inspiring message, sample the articles and music downloads from the *Quarterly*, or check out the changing devotions on the Human Care page. You might just come up with an inspiration to carry you through the day, food for thought, or a tidbit to share around the water cooler!

